



Sandra Reay, RScP, Board Member

Every time I find myself among Kathleen Lenover's friends, one theme always emerges: a deep admiration for how firmly grounded she was in her belief in an abundant Universe. For Kathleen, this was not just a belief she spoke about lightly; it was a lived truth. Her unwavering confidence that the Universe had her back was evident in every interaction. While she was undeniably savvy in accumulating wealth—whether financial, in relationships, through travel, or in her daily life—she paired this wisdom with a generosity that touched all of us in some way. She seamlessly balanced her philanthropic spirit with the responsible stewardship of her resources. Even now, the memory of her infectious laughter lingers, reminding us of the countless lessons she shared with us along the way.

Kathleen was deeply enthusiastic about sharing and embracing the Universal Laws that empower us to live the lives we desire and recognize our birthright to shape our own destinies. Her belief in this was central to her message. If you visit the Education for Abundant Living website (educationforabundantliving.org), you will find, in her own words, simple yet profound summaries of three of the 12 Universal Laws: the Law of Attraction, the Law of Right Thinking, and the Law of Cause and Effect.

During a transformative class I took, led by Dr. Roger Teel, we delved deep into our most profound desires and dreams. At one pivotal moment, he asked me what my greatest fear was in relation to my dream. After a moment of contemplation, I admitted, "I fear that my dream won't come true."

His response was something I will never forget. With great insight, Dr. Roger said, "I don't think your dream is too big; it's just that your vibration isn't matching the dream yet."

This highlights the idea that dreams are not "unattainable;" rather, we need to align our energy and mindset with them to bring them to life. But how do we achieve that alignment? The good news is that by studying what is already available to us—the Universal Laws and Principles—we gain access to the steps and tools we need. These timeless truths are right at our fingertips, providing guidance for what to do next.

I believe this, at least in part, was the path Kathleen was guiding us toward.

The 12 Universal Laws are spiritual principles believed to govern the universe and human experience. Here is a list of the 12 Universal Laws:

1. **The Law of Divine Oneness**
Everything in the universe is interconnected; what you think, say, or do affects the whole.
2. **The Law of Vibration**
Everything, including thoughts and feelings, has a unique vibrational frequency.
3. **The Law of Correspondence**
The patterns in your life reflect the patterns of the universe; "as above, so below."
4. **The Law of Attraction**
Like attracts like; positive thoughts and energy attract positive outcomes, and negative ones attract negativity.
5. **The Law of Inspired Action**
Taking action aligned with your intentions brings manifestation into reality.
6. **The Law of Perpetual Transmutation of Energy**
Energy is always moving and transforming; you can change your life by shifting your energy.
7. **The Law of Cause and Effect**
Every action has a corresponding reaction; what you put out into the world comes back to you.
8. **The Law of Compensation**
You are rewarded or compensated for your efforts, whether through material or spiritual gain.
9. **The Law of Relativity**
All situations are relative, and it is through comparison that we understand and grow.
10. **The Law of Polarity**
Everything has an opposite (light and dark, hot, and cold); opposites help us understand balance and contrast.
11. **The Law of Rhythm**
Life operates in cycles, and there are natural rhythms and seasons for everything.
12. **The Law of Gender**
Both masculine and feminine energies exist in all things, and balance between them is necessary for creation.

These laws offer a framework for understanding how energy and consciousness shape reality.

~ Forever grateful to Kathleen Lenover and these teachings.
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www.educationforabundantliving.org